



Network of Universities
from the Capitals of Europe



UNICA GENERAL ASSEMBLY 2014

Stockholm University, 23 – 25 October 2014

Practical Information for Participants

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Table of Contents

Stockholm, Sweden	2
UNICA General Assembly Venue	2
Arriving in Stockholm	3
Getting Around	4
Map of Stockholm City Center	4
Central Station to Stockholm University, Frescati	5
Hotels to Central Station	6
Public Transportation Between Central Station and Hotels	7
Social Program Information	8
Stockholm City Hall	8
ABBA Interactive Museum and Melody Food and Wine	9
Vasa Museum	9
Helpful Information	10

List of Maps

Map of Stockholm City Center	4
Frescati Map	5
Geo-House Map	5
Comfort Hotel Stockholm	6
HTL Kungsgatan Hotel	6
Sheraton Stockholm Hotel	7
Traveling Between Central Station and City Hall	8
Map of Social Program Locations	9

Stockholm, Sweden



Welcome to Stockholm, the capital city of Sweden, and one of the largest cities in Scandinavia. Stockholm is one of the world's most dynamic capital cities and is ranked number one in the world when it comes to intellectual capital and innovation as well as health and safety¹.

Stockholm is a unique city comprising of fourteen islands that incorporate both the natural and cosmopolitan atmosphere of the city. The city boasts beautiful architecture, plenty of parks, trendy shopping, museums, theaters, coffee shops and an abundance of restaurants serving to a variety of local and international tastes.

The majority of Swedes speak English² and are receptive to international visitors. This makes the city of Stockholm an open and multicultural capital that projects both traditional Swedish heritage and contemporary global influences.

For more information about Stockholm visit the *Visit Stockholm* website:

<http://www.visitstockholm.com/en/>

UNICA General Assembly Venue



**Stockholm University, Frescati Campus
Universitetsvägen 10A**

**Geovetenskapens Hus (House), Hus Y
Svante Arrhenius väg 8-12**

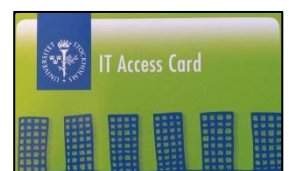
The main auditorium is **De Geer-Salen** and is located on the second floor (*plan 2*) of Geovetenskapens House Y along with other event rooms.

(See “Frescati Map” and “Geo-House Map” for more details—page 5.)

**Internet: the “eduroam” wifi service is available at Stockholm University
IT Access Cards will be provided for person without eduroam accounts.**

¹ PWC (PricewaterhouseCoopers), Cities of Opportunity 2012

² According to EF's English Proficiency Index, Sweden rates number one in the world



Arriving in Stockholm

The city of Stockholm has four (4) airports. All four of these airports are connected to Stockholm city center by airport coaches. Stockholm-Arlanda, the main international airport serving the Stockholm area, is also connected to Stockholm's city center via an eco-friendly high-speed train.

Stockholm-Arlanda Airport

The Arlanda Express:



The Arlanda Express is an eco-friendly high-speed train that travels between Arlanda terminals and Stockholm city center. The platform is located below arrival terminals (look for yellow Arlanda Express signs). The Arlanda Express takes about 20 minutes to arrive in the city center:

- SEK 260 (regular price), SEK 130 (18-25 or over 65 years of age), SEK 0 (0-17 years of age)

For more information and train schedules, visit: <https://www.arlandaexpress.com/>

Flygbussarna Airport Coach

Buses travel from Arlanda to City Terminal station, which is located just next to Central Station (see city map on page 4). Buses can be found outside the arrivals terminal (look for Flygbussarna signs). Flygbussarna buses take about 35-45 minutes to arrive in the city center:

- SEK 105 (regular price), SEK 89 (senior and youth discount)



For more information and bus schedules, visit: <http://www.flygbussarna.se/en>

Bromma Airport, Skavsta Airport and Västerås Airport

Flygbussarna Airport Coach

Buses are timed with the arrivals and departures at each airport. Buses travel to City Terminal station next to Central Station (see city map on page 4).

- Bromma: SEK 75 (adult) and SEK 59 (senior). Travel time, 15-20 minutes.
- Skavsta: SEK 139 (adult) and SEK 119 (senior). Travel time, 80 minutes.
- Västerås: SEK 139 (adult) and SEK 119 (senior). Travel time, 75 minutes.

From Airport Directly to Event Venue

If you wish to travel directly from the airport to Stockholm University, Frescati, take a taxi directly to Universitetsvägen 10A (on Frescati map as Taxi Stop 2) and walk to the event venue. If you wish to use public transportation, first travel to Stockholm city center and follow directions found at "Central Station to Stockholm University, Frescati" in the following section (page 5).

Taxi Services

Taxi fares in Sweden are not regulated, which means that prices can vary significantly between companies. Prices must be listed on yellow stickers in the rear passenger window. Compare prices! This rate should be between SEK 290-390 in Stockholm. Most taxis can take you from Arlanda to city center for around SEK 490-520. Ask for a receipt when paying.

It is highly recommended to only use reputable and well-known firms such as:

- Taxi Stockholm: +46 (0)8-15 00 00
- Taxi 020: +46 (0)20-20 20 20
- Taxi Kurir: +46 (0)8-30 00 00



PRISINFORMATION	
Standardpris 100 km inom 30 min	156 kr
Västertid före 04:00, dagtid natt	293 kr
Mån-Fre kl 07:00 - Mån-Fre kl 19:00 (en helgdag och helgdagstjänst)	248 kr
Mån-Fre kl 09:00 - Mån-Fre kl 19:00 (en helgdag och helgdagstjänst)	280 kr
Mån-Fre kl 07:00 - Mån-Fre kl 19:00 (en helgdag och helgdagstjänst) samt 100 km speciellservice med bil	325 kr
Fre kl 21:00 - Sön kl 05:00, Sön kl 21:00 - Sön kl 05:00, Vardagskvällen mellan kl 19:00 och kl 21:00, kl 21:00 till kl 05:00 (en helgdagstjänst) kl 00:00 - kl 05:00 (en helgdagstjänst)	

Getting Around:

Map of Stockholm City Center



Map Legend

- Comfort Hotel Stockholm
- ▲ HTL Kungsgatan
- Sheraton Stockholm Hotel
- ★ Key transportation stations
- ★ Key bus stops
- A Stockholm City Hall

Due to the relatively close proximity of hotels to Central Station, and the increased time needed to take public transportation (especially buses), it is recommended to walk to and from your hotel to Central Station. Also, be aware that there are multiple “Stockholm Central” bus stops depending on your direction of travel but that they are all located in the same general area.

Central Station to Stockholm University, Frescati:

By public transportation:

Look for the “T-bana” symbols, which indicate a subway station:
For more information, visit: <http://sl.se/en/>



From **T-Centralen** station, take the T-bana **RED LINE** toward *Mörby Centrum* and get off at **Universitetet**.

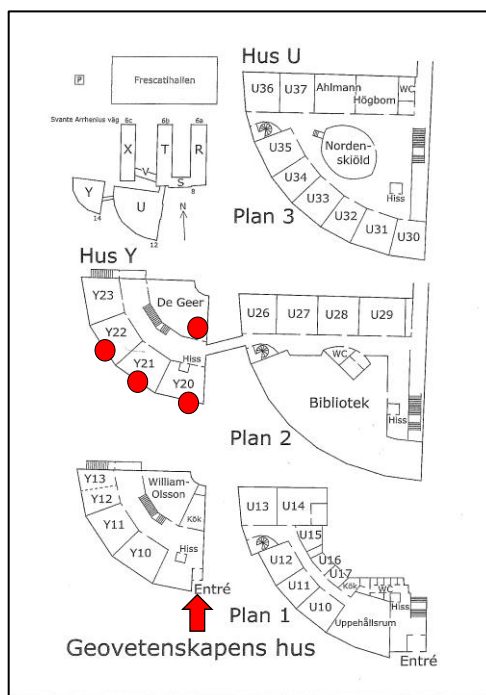
By taxi:

If you travel by taxi to Stockholm University, Frescati, provide the address *Universitetsvägen 10A*. Upon arrival walk to the event venue as indicated on the “Frescati Map” below.

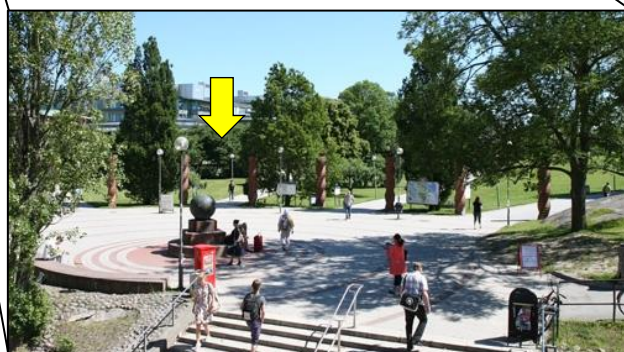
Stockholm University Frescati Maps:



Frescati Map



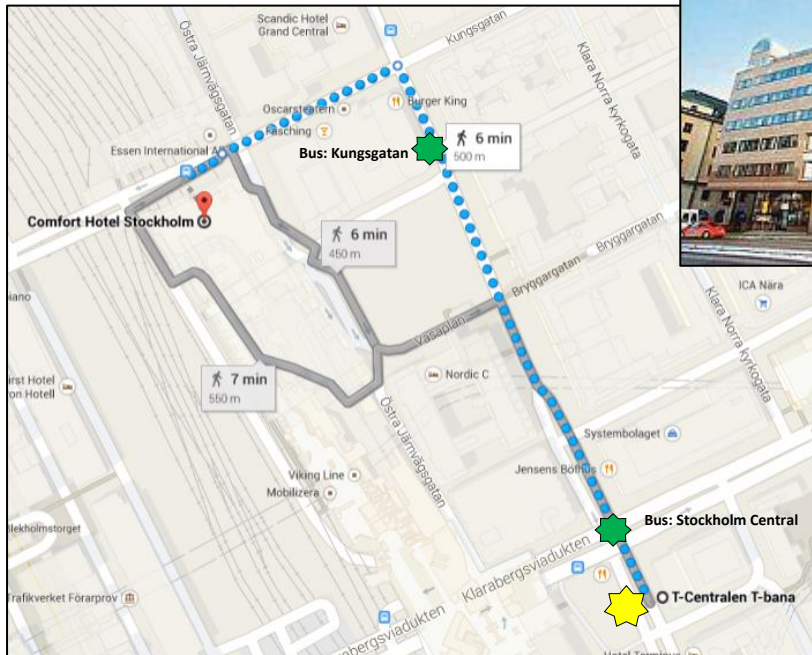
Geo-House Map



Hotels to Central Station

All hotels are **within 10 minutes walking distance** from Stockholm Central Station/T-Centralen. If you wish to use public transportation to and from Central Station, see page 7 for details.

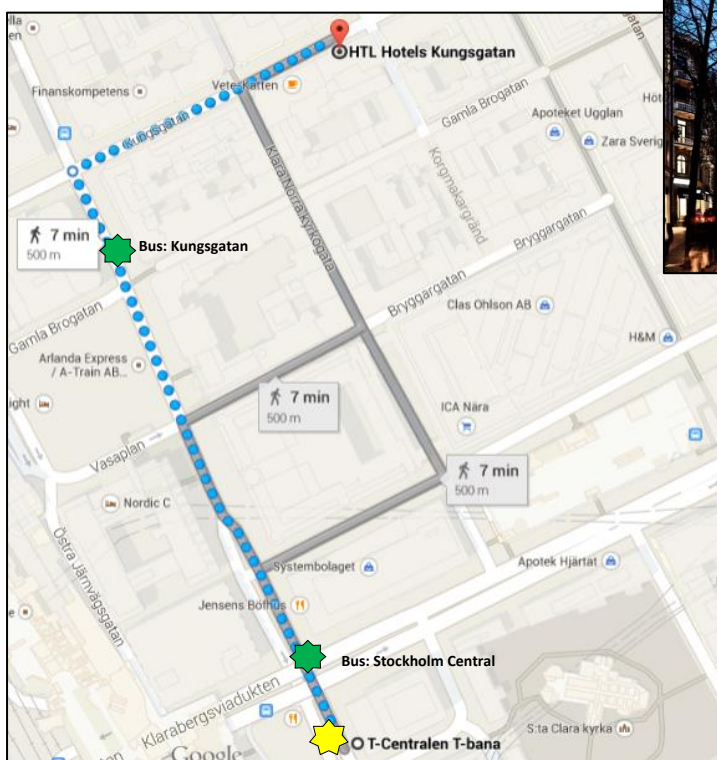
Comfort Hotel Stockholm



6 minute walk to Central Station

Nearest Bus Stop:
-2 minute walk
-Kungsgatan

HTL Kungsgatan Hotel



7 minute walk to Central Station

Nearest Bus Stop:
-3 minute walk
-Kungsgatan

Sheraton Stockholm Hotel



3 minute walk to Central Station

Nearest Bus Stop:
-1 minute walk
-Tegelbacken

Public Bus Transportation Between Central Station and Hotels

Hotel	To Central Station	From Central Station
Comfort Hotel Stockholm Address: Kungsbron 1 111 22 Stockholm Phone: +46 8 566 222 00 Visit the hotel's website	Kungsgatan to Stockholm Central: 53 (Henriksdalsberget) 65 (Skeppsholmen) 69K (Kaknästornet) 69 (Blockhusudden)	Stockholm Central to Kungsgatan: 69K (Tomtebodan) 53 (Roslagstull) 65 (Vanadisplan)
HTL Kungsgatan Address: Kungsgatan 53 111 23 Stockholm Phone: +46 73 148 10 08 Visit the hotel's website	Kungsgatan to Stockholm Central: 53 (Henriksdalsberget) 65 (Skeppsholmen) 69K (Kaknästornet) 69 (Blockhusudden)	Stockholm Central to Kungsgatan: 69K (Tomtebodan) 53 (Roslagstull) 65 (Vanadisplan)
Sheraton Stockholm Hotel Address: Tegelbacken 6 10123 Stockholm Tel: +46 8 412 34 00 Visit the hotel's website	Tegelbacken to Stockholm Central: 53 (Roslagstull) 65 (Vanadisplan)	Stockholm Central to Tegelbacken: 53 (Henriksdalsberget) 65 (Skeppsholmen)

*You can plan your own journey at: <http://reseplanerare.sl.se/bin/query.exe/en>

Social Program Information

Stockholm City Hall

WELCOME RECEPTION AND TOUR OF CITY HALL

Thursday, 23 October 2014

Bus transfer meeting point: Taxi stop 2 (see Frescati Map)

Departure: 17:30

Return: via public transportation

Getting to City Hall from city center:

It is easy to walk from Central Station to City Hall (Stadshuset).

From in front of Central Station, walk down *Vasagatan* until you reach *Tegelbacken*. Turn right. Follow *Tegelbacken* across *Stadshusbron* (the city hall bridge) to City Hall. See map below.

Returning from City Hall:

It is easy and at times faster to return to your hotel by walking. If you wish use public transportation see below to the right:



Stockholm City Hall

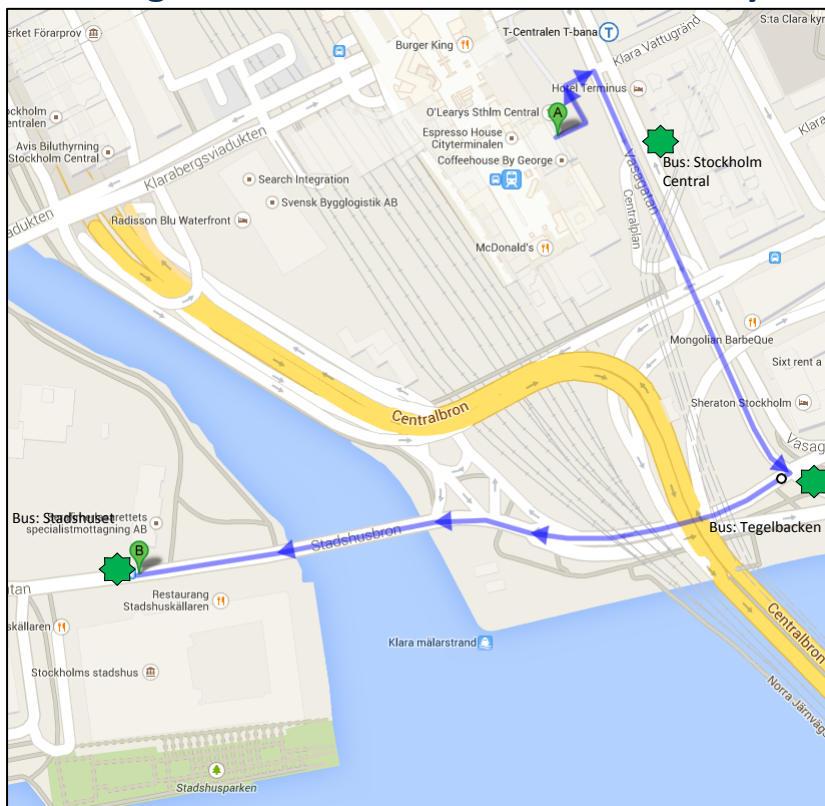
Ragnar Östbergs plan 1

or

Hantverkargatan 1 (bus stop)

<http://international.stockholm.se/the-city-hall/>

Traveling Between Central Station and City Hall



Sheraton Stockholm:

From **Stadshuset** bus stop take the blue bus **No.3 Södersjukhuset** and get off at **Tegelbacken**.

or

From **Stadshuset** bus stop take the red bus **No.62 Storängsbotten** and get off at **Tegelbacken**.

Comfort Hotel and KTL Kungsgatan:

From **Stadshuset** bus stop take the blue bus **No.3 Södersjukhuset** and get off at **Tegelbacken**. Take red bus **No.53 Roslagstull** to **Kungsgatan** via Stockholm Central (Vasagatan).

or

From **Stadshuset** bus stop take the red bus **No.62 Storängsbotten** and get off at **Tegelbacken**. Take red bus **No.53 Roslagstull** to **Kungsgatan** via Stockholm Central (Vasagatan).

ABBA Interactive Museum Melody Wine and Food

MUSEUM VISIT AND DINNER

Friday, 24 October 2014

Bus transfer meeting point: Taxi stop 2 (see Frescati Map)

Departure: 17:30

Return: via public transportation (see map below)

Return from Melody:

Go to the city tram stop **Liljevalchs/Gröna Lund** and take the tram to **Sergels Torg** and get off at the last stop, **Sergels Torg**. Walk back to Central Station and your hotel.



ABBA Museum
Djurgårdsvägen 68
<http://www.abbatheuseum.com/en/>

Vasa Museum

MUSEUM VISIT (OPTIONAL)

Saturday, 25 October 2014

Meeting point: outside De Geer auditorium

Departure: 13:45

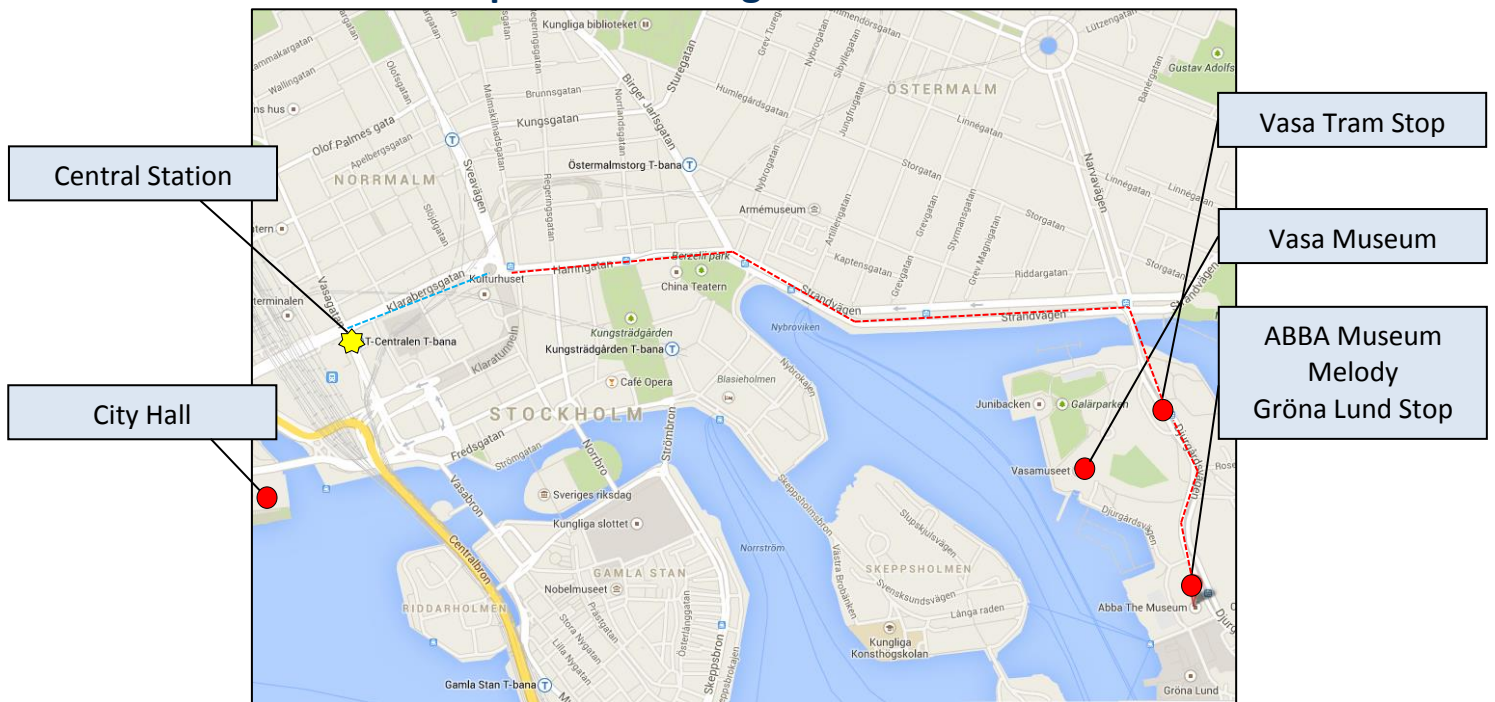
Getting to Vasa Museum via public transportation:

From Central Station walk to the tram stop **Sergels Torg** Found in front of Gallerian Mall. (See city map on page 4). Take the tram and get off at **Nordiska Museet/Vasa** stop. Walk behind the Nordiska Museum toward Vasa. See map below.



Vasa Museum
Galärvarvsvägen 14
<http://www.vasamuseet.se/en/>

Map of Social Program Locations



Helpful Information

Swedish Currency

The **krona (SEK)** is the official currency of Sweden (**SEK 10 = € 1.0978**).

It is also possible to pay by **credit card** in most shops, restaurants, hotels and public transportation ticket offices and/or machines.

Stockholm Public Transportation

It is recommended to purchase a **72-hour SL Travelcard** if you plan on traveling daily between the event venue and your hotel. The Travelcard is:

- valid for 72 hours from the time of first use
- SEK 230 (adult price), SEK 140 (seniors and youth)

SL tickets may be purchased at: Arlanda Airport; Stockholm Central Station; SL Centers; Pressbyrå; Seven-Eleven and some supermarkets.

Visit the SL website for more information: <http://sl.se/english>

Stockholm Climate (averages for October)

- Temperature (°C): High 10 and Low 5
- Rainfall: 14 days, 50mm
- Sunrise and Sunset: 6:00am – 5:30pm

Time Difference

Sweden conforms to Central European Time: (+1 GMT)

Calling to and within Sweden: e.g., +46 (0) 77-777 77 77

- International calls to Sweden: +46 (phone number without first zero): +46 77-777 77 77
- Calling within Sweden: (use the first zero): 077-777 77 77
- Phone numbers are between 7-9 digits (plus the first zero), mobile phones have 9 digits.

Risks of Theft

Although Stockholm is generally safe, like many capital cities there have been reports of theft in popular tourist locations and near public transportation. Please do not leave your belongings unattended and be aware of the risk of pickpockets.

Tourist Information

Navigate these sites to find information about what to do, where to eat, etc.

<http://www.visitstockholm.com/>

<http://www.visitsweden.com/sweden/regions--cities/stockholm/>

Contacts

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