

Opportunities in Clinical Drug Development for Physicians

Anke Van den broeck, MD
PhD

Medical Director AMGEN
BeLux

Objectives

1) To get better understanding of the different roles & responsibilities for physicians in clinical drug development

2) To get informed on the why, when, what and how of making the switch to pharma industry ?

Facts and figures



What ?

Who ?

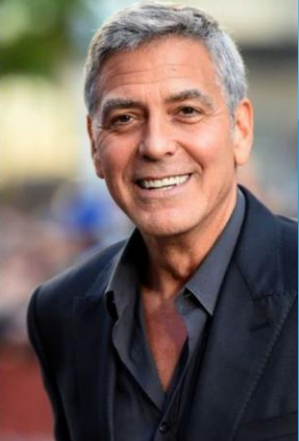
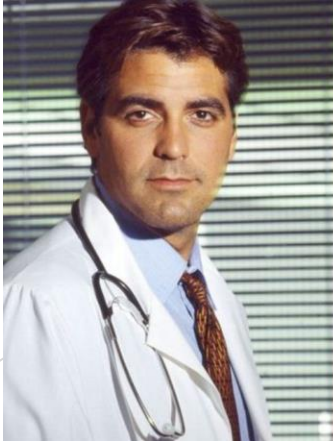


How ?

?

Why ?

When ?



How different is pharma industry from medicine practice ?

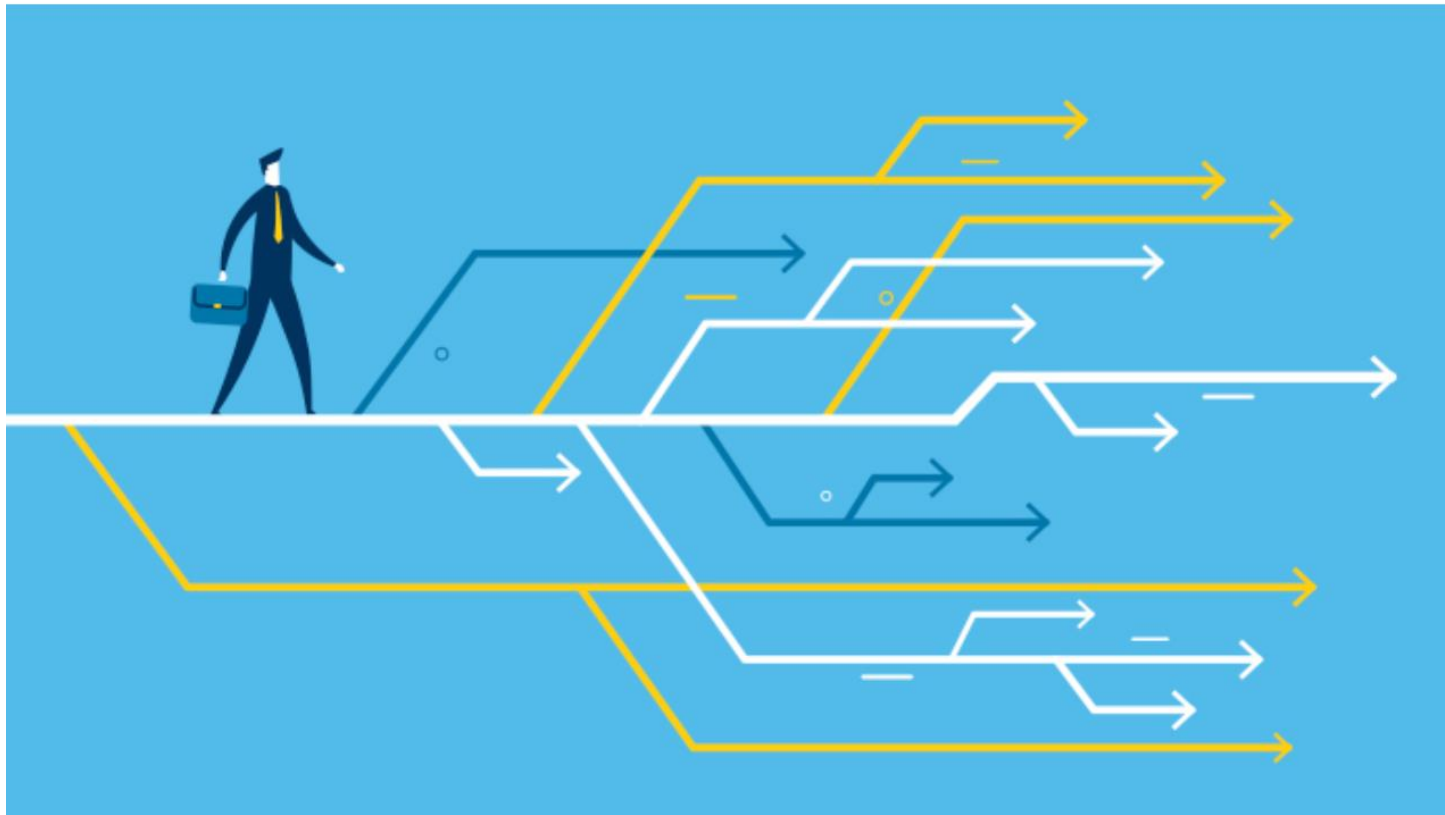
Similarities

- ▶ Improve lives of patients
- ▶ Scientific rigor
- ▶ Extensive medical knowledge and continuous education
- ▶ Collaboration with experts

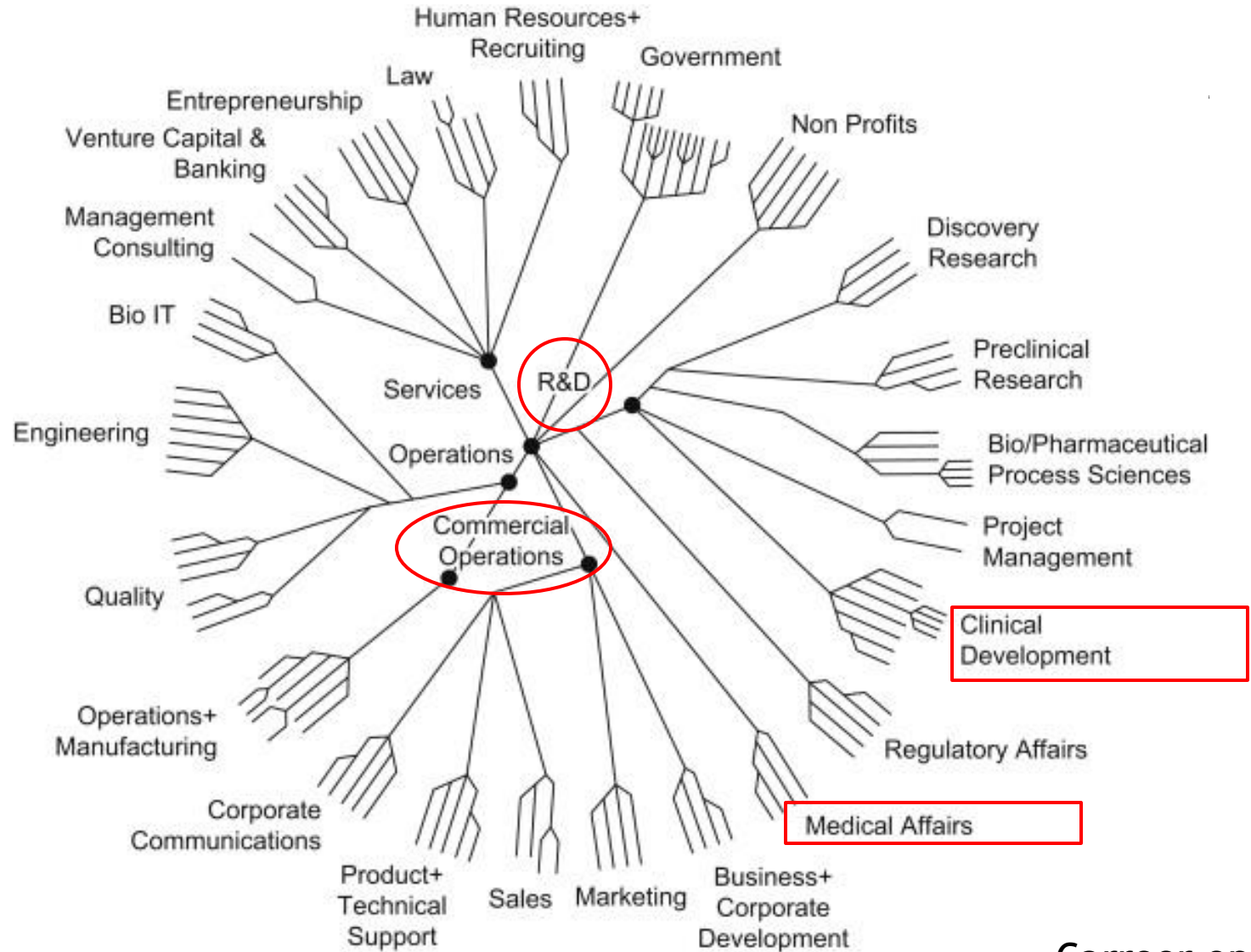
Differences

- ▶ No direct patient contact
- ▶ Individual level >< larger scale
- ▶ Longer term
- ▶ No individual recognition/ team effort
- ▶ Exposed to different functions
- ▶ Career plan

Physicians have many career opportunities in biopharmaceutical industry



Careers in biopharmaceutical industry



What is difference between R&D and Medical Affairs

- ▶ R&D: To support the clinical development of an asset from discovery until post-approval monitoring
 - ▶ Pre-clinical and translational research
 - ▶ Early-Late stage development
 - ▶ Drug safety and pharmacovigilance
- ▶ Medical Affairs: Manage the commercialisation of the molecule throughout life cycle (external focus)
 - ▶ To develop and implement medical strategy and develop plan to address data gaps and meaningful evidence by deep understanding clinical landscape
 - ▶ Develop scientific communication strategy
 - ▶ Interactions with experts/societies/ patient associations



Global

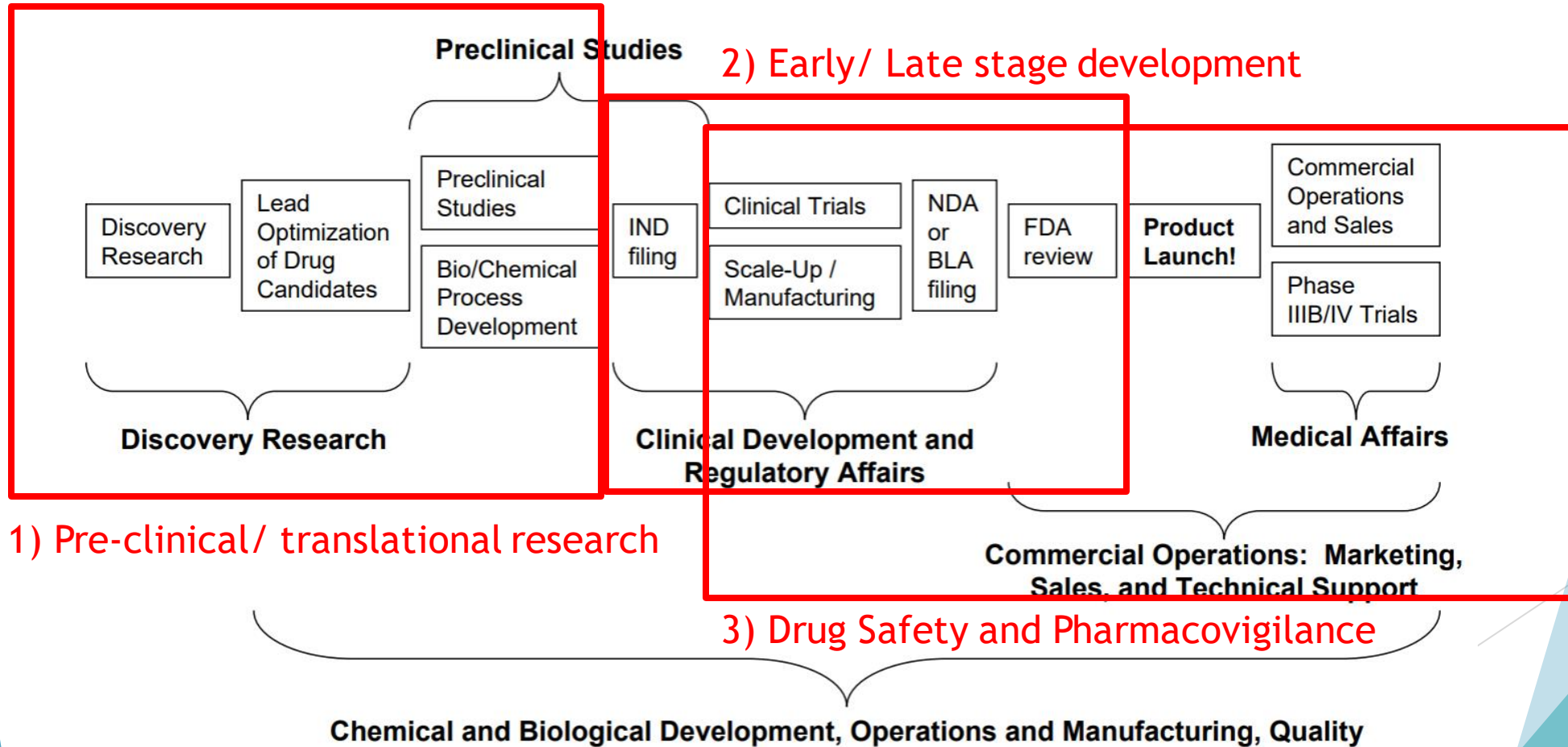
Local/
Regional/
Global

Responsibilities of MD in clinical drug research

- ▶ Successful clinical research strategy
- ▶ Correct and Safe execution of clinical studies
- ▶ Publication of study data
- ▶ Liaison between company and clinical investigators
- ▶ Evaluating the efficacy of new potential treatments in patients.

Pharmaceutical industry is highly regulated environment
Ethical behavior is crucial

Physicians are needed throughout the drug development phases



1) Pre-clinical/ translational research

- ▶ Identify and investigate new molecules, molecular entities, biomarkers, or drug targets
- ▶ Develop and implement experimental strategies as well as author or review regulatory documents.
 - ▶ Experience in medicinal chemistry, in vivo testing, or pharmacology

2) Early/ Late stage development

- ▶ Strong involvement and leadership in **clinical trial activities**: protocol writing, CRF development, study start-up process, operational execution, support trial-related advisory boards/ investigators meetings, medical monitoring, safety follow-up, review of final data, clinical study report writing. Ensures that all activities are in compliance.
- ▶ Review **study data manuscripts and abstracts** (including publications, congress-related activities)
- ▶ Review and **evaluate the company clinical research results** to determine marketability of products.
- ▶ Review and determine results of phase I-IV investigations in preparation for **new drug application** to the regulatory agencies.
- ▶ Develop credible **relationships** with investigators, opinion leaders, medical directors, and key regulatory officials.

2) Early/ Late stage development

- ❑ Clinical leads or study responsible physicians: answer questions from sites and other physicians who are actually treating subjects in a clinical trial
- ❑ Clinical Development MD: Direct and oversee the **clinical development plan and strategy (from product to therapeutic area)**.
 - ▶ Experience as principal investigators (PIs) or sub-PIs on clinical trials. (FIH)
 - ▶ Therapeutic Area expertise
 - ▶ Strong relationships with key stakeholders and partners in external collaborative efforts (universities, government agencies, not-for-profit organizations, pharma/biotech companies).

3) Drug Safety and Pharmacovigilance

- ▶ To improve the safe and adequate use of medications and to ensure patient safety.
- ▶ Collect and monitor the adverse events from clinical trials and routine clinical practice.
- *Safety Scientists or Pharmacovigilance Specialists*: collect and monitor the adverse events. Collaborate with clinical development MD to see if actions, such as dose adjustments and treatment discontinuations are needed.
 - ▶ Experience as principal investigators (PIs) or sub-PIs on clinical trials.

What you need to be successful in clinical development ?

- ▶ Detail-oriented
- ▶ Pro-active
- ▶ Good leadership skills
- ▶ Can-do attitude
- ▶ Team-player

Dare to take risks

Deliberate but flexible career plan

Know you strengths and interests and aim to become a better you

Questions ?

- ▶ Drug Discovery Today. 2019;24 (9):1865-1870
- ▶ Pharmaceutical Medicine. 2020;34:175-184
- ▶ Bma.org.uk
- ▶ <https://womeninpharmacareers.com/>
- ▶ Ankevandenbroeck28@gmail.com